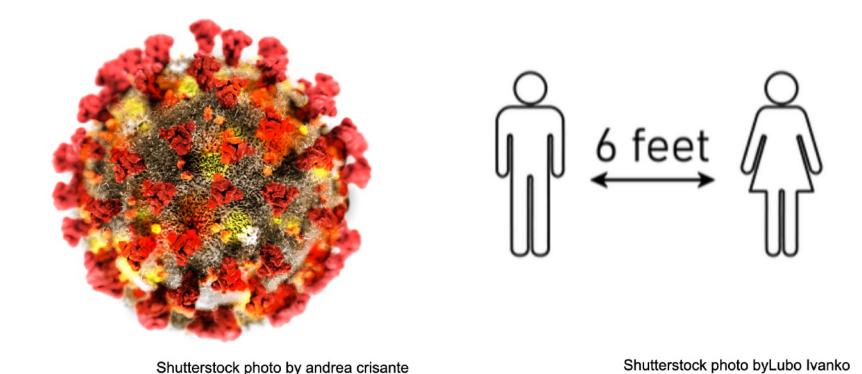


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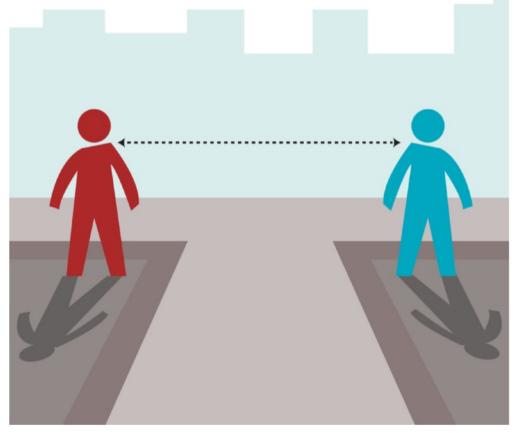
What is Social Distancing?

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Positivity, June, 2020



A virus is making people sick. To stop its spread, doctors recommend staying at a safe distance from others. A safe distance is 6 feet.



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This safe distance is called social distancing.

It helps stop people from getting sick.



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I can practice social distancing in many places.



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When I visit family, I can stay at a safe distance.







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I can follow social distancing instructions in public places. Shapes show me where to stand or sit.

Signs also remind me to stay 6 feet apart from other people in public.



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I can also stay away from crowded places.







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If I do go into crowded places, I try to stay 6 feet away from others. I may also wear a face mask.



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Just because I am practicing social distancing, doesn't mean I can't interact with others!







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I can call my friends and family.



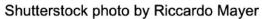
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I can chat online or on a device.







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I can write a letter.

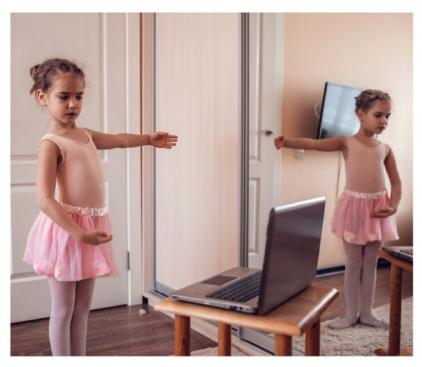


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Or I can interact with them at a safe distance.







Shutterstock photo by Maria Symchych

I can even practice social distancing for school and other classes.



Shutterstock photo by maneka

Remember social distancing is important to help everyone stay safe. I am doing my part to stop the spread of the virus too.

The End



